



Stephanie Puente

Speaker / Guest Expert

ABOUT STEPHANIE

Since 2014, Stephanie has helped business owners and professionals to hone in on their authentic life path and empower them to create and live a life they love living. Having earned multiple certifications from the Brave Thinking Institute® (BTI), she also has 28 years of study in personal development, backed by a professional career that includes two decades in marketing and communications, business administration, and event planning for the Four Seasons Hotel in New York City; Christie's Great Estates, the real estate division of Christie's Auction House in Santa Fe, NM; an international law firm in Washington, D.C.; and an award-winning children's music school in Austin, TX. She's a graduate of the University of Texas and continues to invest in advanced training and education through BTI. Stephanie has been happily married for 25 years to her husband Sebastian and has two daughters, Sofia and Paloma.

WORKSHOP & PRESENTATION TOPICS INCLUDE

The Power of Vision

Master Your Mindset: Master Your Life

Increasing Resiliency

Unlocking Our Potential For Greater Possibilities & Change

Turning Obstacles Into Opportunities

EDITORIALS / ARTICLES

[Click] on the following titles to read Stephanie's writings:

- How To Work Less and Do More
- On The Spot Stress Solutions
- The Unusual Way Self-Care Makes Your Work Life Better
- The Key To Preventing Burnout
- 4 Keys To Inner and Outer Wealth
- 3 Tips For Mindfulness That Are Easy, Simple and Effective

TESTIMONIAL

"I first came across Stephanie Train Puente when I listened to her speak on Creating Momentum for Your Success on the BNI University Business Boosters series. Within moments of listening to her I found myself totally engaged, focused and absorbing every pearl of wisdom she was sharing. In fact I was so impressed with her ability to inspire and motivate that I really wanted to share the amazing experience with my Networking Chapter in Australia. I reached out to connect with Stephanie and was so thrilled when she offered to visit our chapter on line and deliver a keynote on Developing a Positive Mindset for Business. Every member came away motivated after listening to Stephanie and have been singing her praises for months afterwards. Subsequently an associate of mine arranged for Stephanie to deliver a 2 part podcast on his health platform on the Secret to Mastering Fear which has been an outstanding success and received glowing praise from his subscribers. If you are looking for a keynote presenter for your conference, launch, podcasts or business retreat do yourself a favor and hire this inspirational master motivator."

- Tony H. Tonic Connective, Sydney, Australia

CREDENTIALS / EXPERIENCE

28 years of personal development study and work

Advanced Certifications through the Brave Thinking Institute®

9 years of coaching clients in the principles of success

PREVIOUS SPEAKING ENGAGEMENTS INCLUDE:



JPMORGAN CHASE & CO.

